# Curriculum Vitae James Fadiman, Ph.D.

## **Education:**

- B.A. Harvard University in Social Relations 1960
- M.A. Stanford University in Psychology 1962
- Ph.D. Stanford University in Psychology 1965

## **Present Positions**:

- Senior Research Fellow, Sophia University, Palo Alto, California
- Microdose researcher, research design consultant
- Author, lecturer

## **Previous and Part-Time Positions:**

1974-2013 Adjunct Full Professor: Institute of Transpersonal Psychology, Palo Alto,

2010-2012	President, Pinesoft, LLC. Wiggins, Mississippi.
2009 - 2010	President, Tomorrow's Energy. (Produces low carbon emission wood pellets for heating and energy production.) Wiggins, Mississippi
1987-2007	Trustee: The Crosby Trusts, Palo Alto, California (timberlands, natural gas wells, asset management)
1988–	Trainer (Taught seminars) Partial list: Tandem Computer, Federal Home Loan Bank of Seattle, American Heart Association, Weyerhaeuser Corporation. Carnegie Institute of Technology
1969–	Lecturer, Extension Division: University of California: Berkeley, Los Angeles, Irvine, Riverside, Santa Barbara, and Santa Cruz
1968–	Editorial Consultant: Includes Harper and Row, Brooks/Cole, Macmillan, Wiley, Addison-Wesley, Dutton, Jeremy Tarcher
1968–	Management Consultant: (partial list) ITT, Dow Chemical, Lockheed Space and Missiles, Mini-Computer, Presbyterian Hospital System, SuperStill, Federal Home Loan Bank, Nomadic Systems, Sun Microsystems
1965–	Literary Agent: Clients have included Ram Dass [Richard Alpert], Kathleen Speeth, Gayle Delaney, Daniel Goleman, John Fox
1973–2000	President: The Fadiman Corporation, a consulting firm

1997–1999	Instructor: Creative Problem Solving, Hewlett-Packard
1992–1998	Senior Instructor: Unlimit Your Life Seminars
1972–1991	Senior Instructor: Omega Seminars, Inc.
1975–1986	Professor: Institute of Transpersonal Psychology, Menlo Park, California
1973–1983	Lecturer: Design Division, Department of Mechanical Engineering, Stanford University
1975–1977	Director, Institute of Noetic Sciences, Menlo Park, California
1969–1975	Adjunct Faculty: Union Graduate School, California; State University at Sonoma, California School for Professional Psychology
1973–1974	Lecturer, General Studies Program, Stanford University
1965–1972	Senior Associate, Patrick Sullivan and Associates. (Psychological Consultants to Management), San Francisco
1969–1972	Senior Counselor, Student Health Service, Stanford University
1969–1971	Stanford Research Institute, Menlo Park, California, Augmentation Human Intellect (computer development and applications)
1969–1970	Lecturer, General Studies Program, Stanford University
1967–1970	Journal of Humanistic Psychology: Editorial Assistant; Assistant Editor; Associate Editor
1969	Instructor (with Blair Stapp): Film and Photography (graduate level), San Francisco Art Institute
1967–1968	Assistant Professor of Psychology, Brandeis University
1965–1966	Assistant Professor of Psychology, San Francisco State College
1962–1965	USPH Pre-Doctoral Research Fellow, Stanford University
1965	Teaching Assistant, Psychology Department, Stanford University
1964	Clinical Trainee, VA Hospital, Palo Alto, California
1962	Research Assistant, Institute for the Study of Human Problems,

Stanford University

1961 Assistant to the Overseas Manager of Encyclopedia Britannica Films, Inc., Paris, France

#### **Board Memberships:**

Chairperson, Institute for Poetic Medicine, Mountain View, CA (2010-2016)

Member, Board of Directors, AVJ Management, Yonkers, New York (2002-2008)

Member, Board of Directors, Aikido West, Redwood City, California (1985–2017)

Member, Board of Directors, Racolin Management Corp., Bronx, New York (1975–2003)

Member, Board of Directors, Latinvest, New York City, New York (1991–1995)

Member, Board of Directors, Superstill Technology Inc., Redwood City, California (1991–1994)

Member, Board of Directors, L.O. Crosby et al., Jackson, Mississippi (1980–1994)

Member, Board of Directors, International Transpersonal Institute, Mill Valley, California (1989–1991)

Member, Board of Directors, Small World Inc., Palo Alto, California (1984-86)

Member, Board of Directors, Educational Computer Corp., Palo Alto, California (1983-86)

Vice-President, Board of Directors, Institute of Noetic Sciences, Menlo Park, California (1975–1978)

Board of Governors, California Institute of Integral Studies, San Francisco (1977–78)

President, Association for Transpersonal Psychology, Palo Alto, California (1972–1975)

Board of Directors, The Transpersonal Institute, Palo Alto, California (1969–1977)

Trustee, Lama Foundation, Lama, New Mexico (1967–1973)

## Advisory Board & Related Positions (some honorary- various years)

- •. Center for Psychedelic Studies, Toronto, Ontario, Canada
- The Albert Hoffman Foundation, Los Angeles, California
- Canadian Institute for Psychosynthesis, Inc., Montreal, Quebec
- Kentucky Center for Bio-Psychosynthesis, Lexington, Kentucky
- East-West Academy of Healing Arts, San Francisco, California
- The Center for Attitudinal Healing, Tiburon, California
- Shanti Project, San Francisco, California
- Continuum, California Museum of Science and Industry, Los Angeles, California
- Pacific Graduate School of Psychology, Palo Alto, California
- Institute for Humanistic and Transpersonal Education, Amherst, Massachusetts
- Executive Council, Institute for Integral Medicine, Beverly Hills, California
- Advisory Council, Planetary Citizens, United Nations Plaza, New York, New York
- Editorial Advisor: ReVision
- Editorial Advisor: Brain/Mind Bulletin
- Editorial Board: The International Journal of Eclectic Psychotherapy
- The Australian Journal of Transpersonal Psychology
- The International Journal of Transpersonal Studies

## **Editorial Positions**:

- Associate Editor, Journal of Transpersonal Psychology
- Board of Editors, Journal of Humanistic Psychology
- Series Editor, Spectrum Books, Transpersonal Series, Prentice-Hall

## **Professional Associations:**

- American Psychological Association
- Association for Humanistic Psychology
- Society of Sigma Xi
- Bio-Feedback Society
- American Association for the Advancement of Tension Control
- Association for Transpersonal Psychology

## **Publications:**

## Books/Films, Video,/Photographs/Poems/Stories/Articles/Audio/Columns/Reviews

#### **Books**:

Symphony of Selves-Who You Are and Why You Don't Know It. Inner Traditions (Park Street Press) Rochester, Vermont, 2020.

*The Psychedelic Explorer: Safe, Therapeutic and Sacred Journeys.* Park Street Press, Rochester, Vermont, 2011. Spanish Edition: Gaia Ediciones, Madrid, 2017, Polish Edition, Ktytyka Polityczna, 2019

The Other Side of Haight (a novel), Celestial Arts, Berkeley, 2000.

*Essential Sufism* (edited with Robert Frager), HarperCollinsSanFrancisco, 1997. Paperback, 1999. Indonesian Edition, 2001. Spanish Edition 2006, Bosnian Edition 2009, Different Indonesian Edition, 2010

*Maria Cassino* (a play), 1991. First production Manhattan Theater, Palo Alto California, 1995.

*UnLimit Your Life: Setting and Getting Goals*, Celestial Arts, 1989, Chinese Edition, China Times Publishing, 1991. Japanese Edition, TBS Britannica, 1994. French Edition, Stanke' Publications, 1994. Spanish Edition, 1997. Rereleased, 2012.

*Motivation and Personality* (Third edition by Abraham Maslow; revised with Robert Frager, Cynthia McReynolds, and Ruth Cox), Harper and Row, 1987.

Be All That You Are, Westlake Press, 1986.

*Personality and Personal Growth* (with Robert Frager), Harper and Row, 1976. Second U.S. Edition, 1984. Third U.S. edition, 1994. Spanish edition, 1979. Portuguese edition, 1980. Japanese edition (3 Volumes), 1989, 1990, 1991. Fourth U.S. edition, 1997. Russian edition, 1998. Fifth U.S. edition, 2001. Indian Edition, 2006, Sixth U.S. edition, 2004, Seventh U. S. Edition 2013.

*Health for the Whole Person* (edited with Arthur Hastings and James Gordon), Westview Press, 1981. Bantam, 1981.

*Holistic Medicine* (edited with Arthur Hastings and James Gordon), National Institutes of Mental Health, 1979.

*Exploring Madness: Experience, Understanding and Research* (edited with Don Kewman), Brooks/Cole, 1973. Second Edition, 1979.

Transpersonal Education (edited with Gay Hendricks), Prentice-Hall, 1976.

Relax (edited with John White), Dell Books/Confucian Press, 1976.

*The Experience of Psychosynthesis* (James Fadiman, Ed.), 1976 (unpublished). Norwegian Edition: *Opplevelsen av Psykosyntese*, Muligheten Forlag, Olso, 2008

The Proper Study of Man: Perspectives on the Social Sciences, Macmillian, 1971.

## **Books Prepared for Restricted Use:**

Creative Problem Solving, 1998 (prepared for Hewlett-Packard).

Creativity: Readings and Assignments

- Class Editions: 1983, 1984, 1985, 1986.
- External Degree Editions:(plus audio tape) 1986, 1987, 1990.

States of Consciousness: Readings, Commentaries, and Assignments (1987)

- Part I: Introduction and Theory.
- Part II: The Problem of Attention.
- Part III: Inner voices; An Unresolved Issue.

Writing Fiction: A Cookbook (1999).

#### **Photographs – Exhibitions:**

- 2003 Menlo Café, Menlo Park, California
- 2001 Institute for Transpersonal Psychology, 25th Anniversary, Palo Alto, California
- 2000 Mark Wellness Center, Redwood City, California Pangene Corporation, Fremont, California

#### **Poems:**

Illusions (with commentary), in *Poetic Medicine*, John Fox, Tarcher/Putman, New York, 1997, pp. 262-263.

The Bamboo, Newsletter # 7, EUROTAS, August 2000, p. 1.

#### Short Stories:

"The Be-In, Part I." Chapter 23, from *The Other Side of Haight*, The Island Views, Vol. 4, # 2, 1997, pp. 44–45.

"The Be-In, Part II." Chapter 23, from *The Other Side of Haight*, The Island Views, Vol. 4, # 3, 1997, pp. 50–51.

"Death Come Home!" PanGaia, #13, Autumn, 1997, pp. 43–45.

"King Ambar and the Vishnoo Flinger," PanGaia, # 14, Winter. 1997, pp. 49-54.

"Frivolous: A previously untranslated Socratic dialogue, Part II," Enneagram Monthly, 1997, Vol. 3, # 4, pp. 15–17.

"Frivolous: A previously untranslated Socratic dialogue, Part I" Enneagram Monthly, 1997, Vol. 3, # 3, 1, pp. 16–17.

"The Bone Field," Sufi, Magazine, London, # 34, 1997, pp. 16–19.

"Shiva's Spider," Sufi Magazine, London, # 32, 1996, pp. 38–41. PanGaia Magazine, # 18, Winter. 1998–99, pp. 62–65. The International Journal of Transpersonal Studies, Vol. 18, # 2, 1999, pp. 103-108. The Institute of Noetic Sciences Review, # 54, 2000.

"A Long Way Home," The Green Man, Fall, 1996, pp. 20-26.

"Grandfather lived in Heaven." 2nd place in short story contest, Palo Alto Weekly, November 30, 1988, pp. 28–30.

"The Cave," Leverett Review, Spring, 1960, pp. 26-27.

## Articles:

Shifting Selves Might Save Your Life: Being In the Right Mind at the Right Time (with Jordan Gruber) Inner Self, 2020 (in press)

Microdosing: Naturalistic Results and Concerns (with Sophia Korb) Frontiers in Psychiatry, 2019, (in press)

Comment (with Sophia Korb) to article: "Microdosing Psychedelics - more questions than answers? An overview and suggestions for future research" Journal of Psychopharmacology. (in press)

Might Microdosing Psychedelics Be Safe and Beneficial? An Initial Exploration (with Sophia Korb) Journal of Psychoactive Drugs, 2019. (in press)

Future Issue in Microdose Use: Some Disruptive Possibilities, (with Sophia Korb)

Frontiers in Psychiatry, 2019. (in press)

Descriptive assemblage of psychedelics microdosing: Netnographic study of Youtube videos and on-going research projects. (with A. Hupli, M. Berning, & A. Zhuparris). Performance Enhancement & Health, 2019, <u>Volume 6, Issues 3–4</u>,pp. 129-138

Reflections on ITP and Transpersonal Education. Journal of Transpersonal Psychology, 2019. V 50 pp. 49-56

50<sup>th</sup> Anniversary Reflections from (a few) of the past presidents of the Association of Transpersonal Psychology (with D. Judy, D. Lukoff & S. Sovatsky), Journal of Transpersonal Psychology, 2019. V 50 pp. 38-46

Microdosing Psychedelics (with Sophia Korb) in Advances in Psychedelic Medicine: Stare-of-the-art Therapeutic Applications. Edited by Michael Winkelman. and Ben Sessa. Santa Barbara: Praeger/ABC-CLIO, 2019, pp. 318-335.

3 Basic Freedoms, Prepared for book edited by SAND. 2019 (in press)

The Condensed Psychedelic Explorers Guide in Psychedelic Medicine: The healing powers of LSD, MDNA, Psilocybin, and Ayahuasca. Park Street Press, Rutland VT. 2017. pp.55-68.

James Fadiman in Investigacion Y Psicoterapia Psicodelica: Pasdado, Presdente Y Futuro, Iker Puente, La Libre De Marzo, Espagne, pp.46-67.

Microdose Research: Without Approvals, Control Groups, Double-blinds, Staff or Funding, Psychedelic Press, V.15, 2016. pp. 53-59

Buddhism and Psychedelics: A Public Dialogue, (with Kokyo Henkel) in Zig Zag Zen: Buddhism and Psychedelics, Edited by Alan Bandier and Alex Gray., Synergetics Press, Santa Fe, New Mexico, 2015, pp. 206-214.

The Transpersonal, Psychedelics, and Mainstream Psychology: Why the Wide Divide. In The Psychedelic Policy Quagmire: Health, Law, Freedom, and Society. J. Edited by Harold Evans and Thomas B Roberts, Praeger, Santa Barbara, 2015, pp. 203–215.

Interview in Frontiers of Psychedelic Consciousness, David Brown Editor and Interviewer), Park Street Press, Rutland VT, 2015

Psychedelic Use and Contemporary Buddhist Practice: Personal Insights and a Public Dialogue. (with Kokyo Henkel) In Seeking the Sacred with Psychoactive Substances: Chemical Paths to Spirituality and to God. V 1, J. Harold Ellens, Editor, Praeger, Santa Barbara, 2014, pp 319-340.

Psychedelic-induced Experiences (with Andrew Kornfeld) in Handbook of Transpersonal Psychology, Edited by H. L. Friedman & Glenn Hartious, Wiley and Son, New York, 2013, pp. 352-366.

Psychedelic Research and Social Implications (interview with Maciej Lornenc) Tans/Wizie 2012. Expanded Version , Ktytyka Polityczna, 2019, in press.

Opening the Doors of Perception. in Time It Was: American Stories from the Sixties: Produced and Edited by Karen Manners Smith and Tim Koster, Pearson/Prentice-Hall, 2008, pp. 228-235.

Transpersonal Transitions: The Higher Reaches of Psyche and Psychology in Higher Wisdom: Eminent elders explore the continuing impact of psychedelics. Edited by Roger Walsh and Charles S. Grob. State University of New York Press, 2005, pp. 21-45.

Psychedelic Research Revisited. (An interview with comments by Charles Grob, Gary Bravo, Alise Agar, and Roger Walsh) Journal of Transpersonal Psychology, 2003, Vol.35, #2. pp. 111-125.

Comments on "Just Between Us," a play in one scene by Jeanette Berson. Enneagram Monthly, 1997 Vol. 3, # 6, p. 6 (written as if by C. Foxworthy).

Comments on Frivolous: A previously untranslated Socratic dialogue, Part I. Enneagram Monthly, 1997, Vol. 3, # 3, p. 16. (Written as if by C. Foxworthy).

Vrouwen, drugs en religie: agenda voor de volgende, 25 jaar, PANTA 16, najaar, 1996, pp. 7–8.

If Managed Care is the answer, what was the question? The Santa Clara County Psychological Association Newsletter, February 1995, pp. 3–4.

Jury System Strikes Out, San Francisco Chronicle – Letters to the Editor, December 8, 1994, Section A, p. 28.

Residential Psychology Degree Program in The Common Boundary Graduate Education Guide by C. Simpkinson, D. Wengell, and M.J. Casavant. Common Boundary, Inc., Bethesda, MD, 1994, pp. 17–19.

The good news and the bad news: medical uses for Marijuana. Perspective, February, 1994, p. 10.

Let my people Go: God faxes the Pope. Perspective, September/October, 1993, pp. 16, 22.

Overcoming abuse. Perspective, July/August, 1993, pp. 24-25.

Notes for an article on free speech. Perspective, May/June 1993, pp. 23–24.

Trauma of the Month Club. Perspective, March/ April,1993, p. 14. Reprinted in The Journal of Alternative Education, IX, 1, 1994, pp. 83–85.

The sunny side of the street (as if written by Sam J. Namadif). Perspective, March/April, 1993, p. 16.

Let's get visible. Perspective, January/February, 1993, p. 14.

Transcending Limitations in Thinking Allowed, Jeffrey Mishlove (Ed). Council Oak Books, Tulsa, Oklahoma, 1992, pp. 181–190.

The ship is sinking. Perspective, December, 1992, p. 6.

Letter (report on the 1992 National Conference). Perspective, October, 1992, p. 4.

How come AHP is still so white? Perspective, July, 1992, p. 7.

Sexual issues in the workshop place. Perspective, June, 1992, p. 8.

Our internal Yugoslavia. Perspective, March/April, 1992, pp. 7, 11.

Notes from the trenches in the gender wars. Perspective, February, 1992, p. 11.

Let's do more falling in love. Perspective, December 1991, p. 9.

Transpersonal Community. Perspective, December 1991, p. 7.

The Multiplicity of the self – We are all more than one! Perspective /September, 1991, p. 8.

Creating Your Future through Effective Goal Setting. New Realities, Vol. XI, # 2, 1990, pp. 29–34.

Parenting. New Realities, Vol X, # 2, 1989, pp. 46–50.

Looking Just A Little Higher (interview with A. May). Science of Mind, Vol. 61,

# 6, 1988, pp. 10–15, 74–79

Beyond the Institute of Transpersonal Psychology: Nine points of view. Alumni Journal Vol. 2, #1, 1988, pp. 1–7.

Letter, American Psychological Association Monitor. November, 1986.

Comment: Forces That Inhibit Good Design. Kitchen and Bath Concepts, Vol. 2, # 6, November, 1986, pp. 8–12.

Goals and Communication: A Few Non-linear Considerations. Stanford Seminar on Corporate Directorship, Technical Report # 284, July 1984, pp. 63–68.

The Patient is III and Refusing Treatment. Australian Journal of Transpersonal Psychology, Vol. 4, # 1, 1984, pp. 15–20.

For Carl Rogers: An Appreciation. Newsletter of the Association of Humanistic Psychology, January, 1982, p. 8.

The Transpersonal Stance in Psychotherapy Process, M. Mahoney (Ed.). Plenum, New York and London, 1980, pp. 35–54. Reprinted in The Australian Journal of Transpersonal Psychology, Vol. 1, #1, 1981, 1–22.

Some Views on Effective Principals of Psychotherapy (with other authors). Cognitive Therapy and Research. Vol. 4, # 3, 1980, pp. 269-304. Reprinted in Converging Themes in Psychotherapy (M. Goldfried, Ed.), Springer, New York, 1982, pp. 155–190.

Transpersonal Psychotherapy (with K. Speeth). Psychology Handbook (R. Herink, Ed.), New American Library, New York, 1980, pp. 684–686.

Food and Nutrition, in Health for the Whole Person (J. Fadiman, A. Hastings, and J. Gordon, Eds.). Westview Press, Boulder, Colorado, 1980. Bantam, New York, 1981, pp. 247–262.

Eastern Spiritual and Physical Disciplines and Health: Annotated Bibliography (with A. Hastings and J. Gordon) in Health for the Whole Person (J. Fadiman, A. Hastings, and J. Gordon, Eds.). Westview Press, Boulder, Colorado, 1980. Bantam, New York, 1981, pp. 241–246.

You and Your Attitudes in You are Somebody Special (C. Shedd, Ed.). McGraw-Hill, New York, 1979. Revised for Second Edition, 1982, pp. 37–59.

Afterthought, in Exploring Madness: Experience, Theory, and Research (J. Fadiman and D. Kewman, Eds.). 2nd Edition, Brooks/Cole, Monterey, California, 1979, pp. 69–71.

Transpersonal Approaches. Elementary School Guidance and Counseling Journal, Vol. 14, #2, December 1979, pp. 113–117.

Basic Assumptions of Integral Medicine, in Psychological and Social Innovations in Medical Practice; Integral Medicine and Holistic Health (J. Gordon and D. Jaffe, Eds.). Human Sciences Press, Beverly Hills, California, 1979.

Letter. The American Psychologist, March, 1979, p. 282.

Is Mental Health Cost-Effective? Newsletter of the Association for Humanistic Psychology, September, 1979, p. 15.

Transpersonal Psychology and Counseling (interview with John Carlson). The Wisconsin Counselor, 1979.

Ground Rules for Integral Medicine. Holistic Health Review, Vol. 3, 1979, pp. 20–37.

The Transpersonal Stance in Beyond Ego: Transpersonal Dimensions of Psychology (R. Walsh and F. Vaughn, Eds.). Tarcher, Los Angeles, 1979, pp. 175–181.

Preface to Beyond Individualism: The Psychology of Transformation by Dane Rudhyar. Quest Books, Wheaton, Illinois, 1979, pp. ix-xiii.

Let us return the body to its rightful owner. Newsletter of the Association for Humanistic Psychology, November 1978, p. 18.

Koan and Luggage (with R. Frager). Journal of Humanistic Psychology, Vol. 17, # 4, 1977, pp. 69–70.

The Works of Idries Shah. Co-Evolution Quarterly, Spring, 1977, pp. 138–140.

Some Aspects of est Training and Transpersonal Psychology: A Conversation (with Werner Erhard). Journal of Transpersonal Psychology, Vol. 9, 1977, pp. 27–42.

The Reality of Madness (with D. Kewman), Psychology for Our Time (P. Zimbardo and C. Maslach, Eds.) (2nd Edition). Scott, Foreman, Glenview, Illinois, 1977, pp. 217–224.

The Prime Cause of Healing: The process of exploring and experiencing it. Journal of Holistic Health, Vol. 2, 1977, pp. 11–16.

Stories from the Inner World, in The Experience of Psychosynthesis (J. Fadiman, Ed.). Unpublished, 1976.

Interview: Transpersonal Psychologist Jim Fadiman (interviewed by Breck). Newsletter of the California Institute of Transpersonal Psychology, Fall, 1976, pp. 4–7.

Personal Growth in Yoga and Sufism (with R. Frager). Journal of Transpersonal Psychology, 1975, Vol. 7, pp. 66–81.

Psychology of Good (interviewed by V. McIntire). Science of Mind, October, 1974, Vol. 47, # 10, pp. 28–33. Reprinted in Thought as Energy (W. Kinnear, Ed.). Science of Mind, 1975, pp. 40–46.

The Case of the Yellow Wheat Field: A Dream-State Explanation of a Broadcast Telepathic Dream (with C. Tart). The Psychoanalytic Review, Vol. 61, 1974–75, pp. 607–618.

The Second Council Grove Conference on Altered States of Consciousness, Journal of Transpersonal Psychology, Vol. 2, #2, 1970, pp. 169–174.

Selective Enhancement of Specific Capacities Through Psychedelic Training (with W. Harman), in The Uses and Implications of Hallucinogenic Drugs (B. Aaronson and H. Osmond, Eds.). New York, Doubleday Anchor Books, 1970.

Expendable Surrogate. Medical Opinion and Review, Vol. 5, # 2, 1969, pp. 72–75.

The Council Grove Conference on Altered States of Consciousness, Journal of Humanistic Psychology, 1969, Vol. 9, pp. 135–138.

Impomoea Purpurea: A Naturally Occurring Psychedelic (with C. Savage and W. Harman), in Altered States of Consciousness (C. Tart, Ed.). New York, Wiley, 1968, pp. 441–443.

Treatment of Alcoholism with Lysergide. Comment on the article by Smart et al. Quarterly Journal of Studies on Alcohol, Vol. 28, # 1, 1967, pp. 146–147.

Process and Outcome Variables in Psychedelic (LSD) Therapy (with C. Savage, R. Mogar, and Mary Allen), in The Use of LSD in Psychotherapy and Alcoholism (from the Proceedings of the Second International Conference on the Use of LSD in Psychotherapy, 1965) (Harold. Abramson, Ed.). New York Bobbs-Merrill, 1967, pp. 511–531.

Psychedelic Agents in Creative Problem-Solving: A Pilot Study (with W. Harman, R. McKim, R. Mogar, and M. Stolaroff). Psychological Reports, Vol. 19, 1966, pp. 211–227; Monograph Supplement 2-V19, reprinted in Altered States of Consciousness (C. Tart, Ed.). Wiley, New York, 1968, pp. 445–461. Republished, 1989.

The Effect of Psychedelic (LSD) Therapy on Values, Personality and Behavior (with C. Savage, R. Mogar, and Mary Allen). International Journal of Neuropsychiatry, Vol. 2, 1966, pp. 241–254.

Genista Canariensis: A Minor Psychedelic. Economic Botany, Vol. 19, 1965, p. 383. Reprinted as "Psychedelic Properties of Genistra Canariensis" in Altered States of Consciousness (C. Tart, Ed.). Wiley, New York, 1968, pp. 367–368. Reissued, 1989.

Behavior Change Following Psychedelic (LSD) Therapy. Ph.D. Dissertation, Stanford University, 1965 (unpublished).

LSD. Therapeutic Effects of the Psychedelic Experience (with C. Savage, E. Savage, and W. Harman). Psychological Reports, Vol. 14, 1964, pp. 111–120.

Questionnaire Study of the Psychedelic Experience (with C. Savage and W. Harman), summarized in Psychedelic Review, 1964, pp. 21–23.

Caveat! The Psychedelic Experience (with C. Savage, M. Stolaroff, and W. Harman). Journal of Neuropsychiatry, Vol. 5, 1963, p. 4.

Aids to Enlightenment: The Psychedelic Experience. Ersatz, Vol. 1, January, 1963, pp. 15–24.

Distortion of the Body Image Under LSD and in Schizophrenia. Master's Thesis, Stanford University, 1962 (unpublished).

## Films/Videos:

Video, "James Fadiman's Reel for Psychedelics, Sacred Medicine's, Soul's Purpose & Business Series" By Beth Weinstein of Medicine for These Times Podcast (1 minute 5 seconds), September 21, 2023 <u>https://jamesfadiman.com/img/James-Fadiman-1--Reel-Psychedelics-Sacred-Medicines-Soul-Purpose-Business.mp4</u>

Video, "[Webinar Replay] Microdosing: Start Low, Go Slow" By Esalen (58 minutes), December 6, 2022 <u>https://www.youtube.com/watch?v=eitIxQRPeQY</u>

*Video, "PT353 – Dr. James Fadiman, Dr. Sam Gandy, & Dr. David Luke – Psychedelics and Creativity"* 

By Kyle Buller for Psychedelics Today (1 hour, 30 minutes), September 8, 2022 https://www.youtube.com/watch?v=ncX26dju9Yg

Video, "A Macro View of Microdosing." By The Petrie-Flom Center for Health Law Policy, Biotechnology (1 hour, 34 minutes), April 22, 2022 https://www.youtube.com/watch?v=r-XtgDZAzi0

Video, "Psychedelic Conversations | Dr. James Fadiman - Microdosing Psychedelics #36" By Susan Guner, Psychedelic Conversations (1 hour, 5 minutes), Mar 6, 2022 https://www.youtube.com/watch?v=RHefyDqXULQ

Video, "Table Talk w/ Dr. James Fadiman: Microdosing History, Citizen Science & the Future of Healing" By Microdosing Institute (2 hours), May 26, 2021 <u>https://www.youtube.com/watch?v=GEUubZrg02M</u>

Video, "James Fadiman on psychedelics for problem-solving, safe therapeutic journeys, and microdosing" By Jerry Brown (49 minutes), February 17, 2021 https://www.youtube.com/watch?v=Hg9fRBc4IjQ

Video, "Veterans Microdosing Webinar With James Fadiman" By San Francisco Psychedelic Society (2 hours, 18 minutes, 2 seconds), November 17, 2020 https://www.youtube.com/watch?v=jgxit5sZIOA

Video, "Wild Health Podcast - James Fadiman on Microdosing and Your Symphony of Selves" By Dr. Matt and Dr. Mike of Wild Heart Podcast (45 minutes, 40 seconds), November 6, 2020 https://www.youtube.com/watch?v=TT\_G403Jlhk

Interview, "Dr. Jim Fadiman on Microdosing & Your Symphony of Selves" Dr. Richard Miller of Mind Body Health & Politics (2 hours 4 minutes,) Oct 27, 2020 https://www.youtube.com/watch?v=0qquZ1Bcj94

*"EntheoGeneration 2020 Multiverse: Individual Quad - James Fadiman, PhD & Kwasi Adusei, DNP, PMHNP-BC"* 

MAPS for the EntheoGeneration multigenerational speaker series for Burning Man 2020: Multiverse (1 hour, 21 minutes, 11 seconds) Sep 1, 2020 https://www.youtube.com/watch?v=tV B1LyqUBc

Symposium, "The Remarkable Results of Microdosing: James Fadiman" Science and Nonduality (39 minutes,) Apr 18, 2019 https://www.youtube.com/watch?v=6AfFM8pfy4s

Symposium, "Microdosing: The Benefits, Risks, & Unknowns w/ Jim Fadiman & Ayelet Waldman" Psychedelic Seminars (1 hour, 44 minutes,) Oct 22, 2018 The symposium starts at 15 minutes and 15 seconds into the video. https://www.youtube.com/watch?v=4fjV82MojVk

Webinar Symposium, "From Microdosing to Mystical Experiences: Reports from the Field" The Toronto Psychedelic Society (1 hour, 33 minutes, 21 seconds, Video) Jan 20, 2018 https://www.youtube.com/watch?v=cmfW25doED4&feature=youtu.be

Are psychedelics the new medical revolution? by Ardavan Psy (10 minutes, 32 seconds, Video) September 11, 2017

At the Origins 15 Fadiman

by Russian Television (27 minutes, 11 seconds, Video) August 2017 Dr. Fadiman commented: "The first 2 1/2 minutes of this have the soundtrack in English over the soundtrack in Russian. Once Dr. Fadiman comes on, the sound is fine. This interview was part of a series for Russian Television." https://www.youtube.com/watch?v=HwQJc7HUGXw

#11 – The King of Micro-Dosing, Dr. Jim Fadiman
by The Daniel Cleland Experience
(32 minutes, 6 seconds, Video) May 2017
https://www.danielcleland.com/podcasts/11-king-micro-dosing-dr-jim-fadiman/

Psychedelic Science Series - Ep. 2 with Dr. Jim Fadiman by Andrea Gilbert and Daniel Cleland (32 minutes, 6 seconds, Video) May 2017 https://www.youtube.com/watch?v=-ZS6-hTGF2Q-video-has-been-removed

*Psychedelic Drugs: The Future of Mental Health* ReasonTV Overview of the MAPS Psychedelic Science Conference 2017, Dr. Fadiman appears at at 1:32–1:39, 3:38-3:50, and 7:48-8:00. (9 minutes, 22 seconds, Video) May 2017 https://www.youtube.com/watch?v=RdHCfq2jn c

Microdosing: The Phenomenon, Research Results, and Startling Surprises Psychedelic Science Conference MAPS Multidisciplinary Association for Psychedelic Studies (1 hour, 2 minutes, 5 seconds, Video) April 2017 https://www.youtube.com/watch?v=JBgKRyRCVFM&feature=youtu.be

Mind SuperMind with Jim Fadiman, New Paradigms and New Tools for the Mind by SBCC School of Extended Learning (2 hours, 8 minutes, 30 seconds, Video) February 27, 2017 https://www.youtube.com/watch?v=s1XK4IHS4dQ

"The Today Show" with Dr. James Fadiman as a guest NBC

Interview with Ayelet Waldman features Dr. James Fadiman at 2:36–2:59. (4 minutes, 35 seconds, Video) February 8, 2017 http://www.today.com/offsite/lsd-in-microdoses-can-improve-mood-productivitysome-claim-872494659553

In Depth: Why Silicon Valley techies are 'Microdosing LSD' NBC KRON TV (San Francisco, CA) March 10, 2017 (15 seconds, Promotional video) https://www.facebook.com/plugins/video.php?href=https%3A%2F%2Fwww.facebo ok.com%2F213907248654997%2Fvideos%2F1354781097900934%2F&show Transcript: http://kron4.com/2017/02/28/in-depth-why-silicon-valley-techies-are-microdosinglsd/

On the Transpersonal with James Fadiman, Ph.D. (1997) The Transpersonal Cinema Project (16 minutes, 48 seconds, Video) November 2016 https://www.youtube.com/watch?v=V gz7qJz4sE&t=218s

"SF Peak Performance" Meetup 06: Dr. James Fadiman & Dr. Molly Maloof San Francisco Peak Performance (1 hours, 6 minutes, Video) May 2016 https://www.youtube.com/watch?v=mJpko5WBF78

*Psychedelic Experience: New Uses and Research Conference* MAPS Multidisciplinary Association for Psychedelic Studies (33 minutes, 28:19 -1:01:56, Video) April 2015 https://www.youtube.com/watch?v=1K0v9p4UDFs Jim Fadiman on "Cultural Implications of Altered State of Consciousness" Max Velmans (1 hour 31 minutes 49 seconds, Video) Aug 2014 https://www.youtube.com/watch?v=vDCAWD9oG44

James Fadiman - Can Psychedelics Accelerate Scientific Problem Solving By gaiamedia (58 mins, Video) April 21, 2014 https://www.youtube.com/watch?v=jybuGQquA28

Dr. James Fadiman's Keynote Address, Global Transpersonal Symposium Association of Transpersonal Psychology and Sofia University (56 mins, Video) February 2014 http://youtu.be/mUsGnnz8dJE

Psychedelics and the Study of Perception, James Fadiman Science and Nonduality Conference (25 mins, Video) October 2013 https://www.youtube.com/watch?v=62AA4F40RNc

Scientific Problem Solving with Psychedelic MAPS/ Multidisciplinary Association for Psychedelic Studies (45 mins Video) May 2013 https://www.youtube.com/watch?v=KtL5fafpRKc

Psychedelic Experience with Dr. James Fadiman and Brad Burge, Communications Director of MAPS Sofia University (2 hrs, 24 mins Video) May 2013 (video was removed)

*Can Psychedelics Accelerate Scientific Problem Solving: The Research and the Possibilities* 12th Annual International Bioethics Forum (59 mins, Video) April 2013

http://youtu.be/bww739CxA7c

*Workshop with Dr. Thomas B. Roberts, Psychedelic Horizons Beyond Psychotherapy* 

MAPS Multidisciplinary Association for Psychedelic Studies, 2nd Annual Psychedelic Science Conference (52 mins, Video) April 2013 https://www.youtube.com/watch?v=mwAL8076ICI

Science and Sacraments

Participant interviewee in the documentary film (51 Mins, Video) March 2013 http://www.youtube.com/watch?v=dwPjt-AqH60 http://scienceandsacraments.com/ http://scienceandsacraments.com/science-and-sacraments-clips/ MAPS Event - Buddhism and Psychedelics, Part 2 of 3 MAPS/ Multidisciplinary Association for Psychedelic Studies (49 mins, Video) January 2013 https://www.youtube.com/watch?v=ZyeYH4xKoaY

James Fadiman Talks about His Experience with Psychedelics Pioneers in Research Series, footage from 1998 (11 mins Video) January 2013 https://www.youtube.com/watch?v=zDh4Vi82KVs

James Fadiman: Psychedelic Explorer's Guide Sane Society, Tom Palmer (30 Mins 22 Secs, Video) September 2012 http://www.youtube.com/watch?v=A34x6W-3IJI

*SF/BA Evolver Interview with Dr. James Fadiman, PhD.*, San Francisco Bay Area Evolver (26 mins 56 secs Video), May 2012 http://www.youtube.com/watch?v=sQGc1WpNhUg&feature=player\_embedded

Are psychedelics a portal to awakening? - James Fadiman(short interview), SCIENCE AND NONDUALITY/SAND (1 min, 38 secs Video) May 2012 http://www.youtube.com/watch?v=zsas\_9n1Yus&feature=player\_embedded

James Fadiman: Varieties of Psychedelic Experience (Book Reading), East West Bookstore (10 mins 15 secs Video), April 2012 http://www.youtube.com/watch?v=6t8jMZjbjoM&feature=player\_embedded

James Fadiman, PhD: A Return to the Center: Liberation From a Medical Model, Entheo-Visioning: Exploring Entheogenic Potentials Conference – San Francisco, CA (1 hour 2 mins 4 secs Video), April 2012 http://www.youtube.com/watch?v=cSI6lm8WP3M&feature=player embedded

MAPS Event - Buddhism and Psychedelics, Part 1 of 3, MAPS/ Multidisciplinary Association for Psychedelic Studies, (53 mins, Video) December 2012 <u>http://www.youtube.com/watch?v=RYnheKnpmGs&feature=player\_embedded</u>

*MAPS Event - Buddhism and Psychedelics, Part 2 of 3, MAPS/* Multidisciplinary Association for Psychedelic Studies, (53 mins, Video) February 2012 <u>http://www.youtube.com/watch?v=ZyeYH4xKoaY&feature=player\_embedded</u>

*MAPS Event - Buddhism and Psychedelics, Part 3 of 3, MAPS/* Multidisciplinary Association for Psychedelic Studies, (53 mins, Video ) March 2013 <u>http://www.youtube.com/watch?v=RYnheKnpmGs&feature=player\_embedded</u> Jim Fadiman: Psychedelic Research & Creativity Studies at MAPS First Friday Art Tour, Multidisciplinary Association for Psychedelic Studies (42 mins 46 secs, Video), April 2012

http://www.youtube.com/watch?v=CoVEJtVo1go&feature=player\_embedded

*ITP professor Jim Fadiman discusses his new book, Sofia University* (then Inter Transpersonal Psychology) (14 mins 16 secs, Video), September 2011 http://www.youtube.com/watch?v=2gAcXdokL7c&feature=player\_detailpage

Jim Fadiman's interview with Mel Van Deusen on the <u>Present!</u> of <u>KMVT</u> -Mountain View, CA (28 mins, 16 secs, Video), November 2011 <u>http://www.youtube.com/watch?v=4WiYqTPsxhk&feature=player\_embedded</u>

Seeking the Divine Within with James Fadiman, Ph.D., <u>Present!</u> of <u>KMVT</u> -Mountain View, CA (27 mins, 36 secs, Video), November 2011 <u>http://www.youtube.com/watch?v=YqSqwOai2K4</u>

*Psychedelics as Entheogens: How to Create and Guide Successful Sessions - James Fadiman, Ph.D,* MAPS/Multidisciplinary Association for Psychedelic Studies, (46 mins 25 secs, Video) Feb 2010 https://vimeo.com/16189201

*Discovery: LSD exploration.* National Geographic Television(45mins 23secs-Video). October 2009. http://www.youtube.com/watch?v=QgUFqAdGN24&feature=player\_embedded

*Stealing America, vote by vote.* Concentric Media, (90 Min.) 35 mm. film), 2008. Co-Producer. <u>https://vimeo.com/2019192</u>

Groove (2000)35 mm. film. Associate producer. Sony Classics

*Rumi, Sufi poet and Sage* (a reading with musicians), Esalen Institute Archives, 2000.

James Fadiman: Transcending Limitations (excerpt) - Thinking Allowed with Jeffrey Mishlove, Thinking Allowed, (10 mins 6 secs, Video), 1988 http://www.youtube.com/watch?v=vvumVNsyXSU&

*Multiple Personalities: A way of understanding,* New Medicine (1 hour Video), NMT-V46, 1992.

A *Reformulation of Ideas about the Self*, International Transpersonal Association (1 hour video), Conference Recording Service, V-ITC88-002, 1988. Lecture.

*Transcending Limitation*: (J. Mishlove, host) in series Thinking Allowed, # S120 (30 min. Video), 1987. Also in *Transforming Awareness:* Video Quartet with V. Satir, C. Tart, and R. Metzner. # Q174.

*San Francisco Mix: Wanting and Needing*. Produced by KQED, San Francisco, for Public Broadcasting Service (30 min. color film), 1971. Co-producer and writer.

*San Francisco Mix: Borning*. Produced by KQED, San Francisco, for Public Broadcasting Service (60 min. color film), 1970. Writer.

*Drugs: The Children Are Choosing.* Series produced by KQED, San Francisco; videos distributed by National Instructional Television Center; films through University of California Extension Division Films (each film 30 min. color), 1969. Writer and on-camera instructor. Titles:

- Understanding the Issues
- The History and Allure of Drugs (with F. Myers, M.D.)
- Cultural Factors in Drug Use
- The Need for A Dialogue
- What Some are Doing
- Toward More Effective Communication

## Audio Tapes/ Podcasts:

Interview with Jon Reiss, (49 minutes), Mar 2024 https://plantscendence.com/episodes/james-fadiman/

Interview with Dr. David Rabin, (1 hour, 18 minutes), May 2023 https://the-psychology-podcast-with-scott-barrykaufman.simplecast.com/episodes/jim-fadiman-orchestrating-your-symphony-ofselves-zbTTYDRI

Interview with Scott Barry Kaufman, (58 minutes), September 2022 https://the-psychology-podcast-with-scott-barrykaufman.simplecast.com/episodes/jim-fadiman-orchestrating-your-symphony-ofselves-zbTTYDRI

*Interview with Professor David Nutt*, (1 hour, 2 minutes), February 2022 https://share.transistor.fm/s/668b40d2

*Interview with Jake Feinberg*, (1 hour, 29 minutes), February 2022 <u>https://anchor.fm/jake-feinberg/episodes/The-James-Fadiman-Interview-e1ephpp/a-a6ml9re</u>

*Interview with Microdosing Institute*, (2 hours), May 2021 https://open.spotify.com/episode/2Trtk6fVgpuquiKHItISVr *Interview with Jim Rutt and Jordan Gruber*, (1 hour, 32 minutes), May 2021 <a href="https://www.jimruttshow.com/symphony/">https://www.jimruttshow.com/symphony/</a>

Interview with Oteil Burbridge Mike Finoia, (1 hour, 14 minutes), April 2021 https://www.osirispod.com/podcasts/comes-a-time/comes-a-time-episode-41-drfadiman/

Interview with Sam Harris, (1 hour, 3 minutes), March 2021 https://podcasts.apple.com/us/podcast/242-psychedelics-and-theself/id733163012?i=1000514151084

*Interview with Paul Austin*, (1 hour, 26 minutes), February 2021 <u>https://psychedelia.libsyn.com/psychedelics-from-the-60s-to-commercialization-what-a-long-strange-trip-its-been</u>

*Interview with Ben Greenfield* (1 hour, 14 minutes), February 2021 https://bengreenfieldfitness.com/podcast/brain-podcasts/microdosing/

*Interview with Dr. Lynn Marie Morski*, (1 hour, 32 minutes), December 2020 <u>https://www.plantmedicine.org/podcast/podcast/microdosing-james-fadiman-adam-bramlage</u>

Interview with Paul O'Brien of Pathways Radio, (27 minutes), August 2020 https://divination.com/pathways-podcast/your-symphony-of-selves/

Interview with Dr. Lynn Marie Morski, (1 hour, 32 minutes), August 2020 https://open.spotify.com/episode/5zgPqBSSHnOh8yTO0nOPRp?si=gCfPsVR6Qs-G2qM2GEShIg

https://www.plantmedicine.org/podcast/microdosing-james-fadiman Transcription:

 $\frac{https://static1.squarespace.com/static/5d28f73b41951900011c98ad/t/5f3c1942343aa}{768cfeeb287/1597774147385/James+Fadiman+Episode.pdf}$ 

*Interview with <u>Terrence McNally</u>* (Fadiman interview starts at 0:36:12 and runs for 18 mins), July 2012 <u>http://temcnally.podomatic.com/entry/2012-07-24T12\_32\_35-07\_00</u>

*Interview with <u>Lorenzo Hagerty</u> and Matt Pallmary*, <u>the Psychedelic Salon</u> (1hour 21 minutes), March 2012 http://matrixmasters.net/archive/JamesFadiman/302-FadimanBook01.mp3

*Interview with <u>Elaine Smitha</u>*, the <u>Progressive Radio Network</u> (53 minutes), January 2012 <u>http://prn.fm/2012/01/04/evolving-ideas-010412/#axzz2Jn7EMTNZ</u>

*Interview* on <u>New York Open Center</u> (2 minutes 14 seconds), December 2011 <u>http://www.youtube.com/watch?v=WvtTKdeURkc&feature=player\_embedded</u>

*Interview with <u>Suzanna Axisa</u>, <u>Lanto's Lantern</u> (1 hour), December 2011 http://itunes.apple.com/podcast/lantos-lantern-suzanna-axisa/id262641206* 

*Interview with <u>Barb Adams</u>*, <u>Radio Amerika Now</u> (1 hr 10mins), December 2011 <u>http://jamesfadiman.com/audio/radioamerikanow-barb-adams-3-dec-2011.mp3</u>

*Interview with <u>Stephanie Potter</u>*, <u>The Recovery Zone</u> on <u>KBOO</u> of Portland, OR (57 mins),

The Sixties Live on in the 21<sup>st</sup> Century. New Dimensions, # 2908, 2002.

Honoring the Elders. ATP annual conference August 3–6, Vancouver. Conference Recording Service, Berkeley, California, 2000.

Sufi Wisdom (with Robert Frager). New Dimensions, # 2684, 1999.

Stories: Stepping stones to alternate realities. ATP annual conference. August 3–6, 062 (four tapes), Conference Recording Service, Berkeley, California, 1995.

Psychedelics and Creativity: early research in a contemporary context (with Willis Harman and Robert McKim). August 3–6, 025 (two tapes), Conference Recording Service, Berkeley, California, 1995.

A New Agenda for the Next Twenty Years. Sounds True Recordings, Boulder, Colorado, 1993. New Dimensions Conference, Oregon, ND-21.

Getting Involved with Sufi Stories. Conference Recording Service, Berkeley, California, Spiritual Paths and Traditions, 1995, ITP -12B.

Multiple Personalities: A way of understanding successful personality growth. Sounds True Recordings, Boulder, Colorado, 1992.

Pratfalls and Grace: The Clown in the Shadow. Association for Transpersonal Psychology, # 049, Conference Recording Service, Berkeley, California, 1991.

Honoring Your Multiplicity. Association for Transpersonal Psychology, # 015 (2 tapes), Conference Recording Service, Berkeley, California, 1991.

Being in the Right Mind at the Right Time: Imagery and Multiple Personality. 4th International Conference on Imagery, American Imagery Institute, Marquette University, Milwaukee, Wisconsin, 1991. The Pleasures of Meditation. Great American Audio, 1989.

The Braided Self: A Reformulation of Ideas about the Self. Conference Recording Service, Berkeley, California, ITC88- 4, 1988.

Creating Freedom. New Dimensions, # 2056, 1987.

Stories of Knowing (with Joe Miller). Co-Creative Productions, Berkeley, California, 1984.

A Weekend of Stories (4 tapes). Dolphin Tapes, P.O. Box 71, Big Sur, California, 1984.

Transcending The Fixations (6 tapes). Healing Light Center Church, Glendale, California, 1984.

Meditations for Transcending the Fixations. Healing Light Center Church, Glendale, California, 1984.

Transpersonal Psychology and Psychosynthesis (2 tapes). Psychosynthesis Training Center, Northfield, South Australia, 1983.

What is Transpersonal Experience? Sydney, Australia, Search Centers, 1982.

Hasidic and Sufi teaching stories. Dolphin Tapes, P.O. Box 71, Big Sur, California, 1980.

The End of Monotheism: A Failed Experiment. Kenwal Electronics Pty. Ltd., Victoria, Australia, 1980.

Transpersonal Psychology: A World View. Kenwall Electronics Pty. Ltd., Victoria, Australia, 1980

Psychotherapy. Cognetics 205A, 205B, 884A, 884B, 1979.

On Attention (with K. Speeth). ATP Conference, Asilomar, July, 1979, Cognetics 1007.

Giving Yourself Permission to be Successful. National Conference on Human Resources Management Systems. Convenient Cassette Service, 1979.

Living, Loving and Learning. Center for Integral Medicine, Second Annual Conference, Los Angeles, California, 1978.

Applications of the Holistic Medical Model. Tucson, Arizona, Speedy Tape, 1978.

Transpersonal Psychology: The Full Range of Human Experience. Many Faces of Psychology Conference. Butterfly Media, Marin, California, 1978.

Dialogue with James Hillman and Rollo May. Many Faces of Psychology Conference. Butterfly Media, Marin, 1978.

Stress Without Distress. Medisette, Inc., Washington, D.C., 1977.

The Inner Way to Weight Control. Medisette, Inc., Washington, D.C., 1977.

The New American Medicine: Ways of Coping with Stress and Tension. Cognetics # 585, 1977.

New Health Through Mental Imagery. Cognetics, # 486, 1977.

Show and Tell. Cognetics, # 329, Transpersonal Frontiers Conference, 1977.

The Mind Can Do Anything. Butterfly Media, San Diego, 1977. KQED-FM, 1977.

Ground Rules for Integral Medicine. Mind as Healer, Mind as Slayer Conference, Center for Integral Medicine, 1977.

Human Nature: Yoga, Zen and Sufism. University of California, Extension Media Center, (3 tapes) AT 348: A, B, C, 1976.

Introduction to Holistic Health. Cognetics, # 727, 1976.

Out of Your Mind. Marin, Butterfly Media, 1976.

Out of Your Mind. Portland, Butterfly Media, 1976.

Ground Rules for the New Medicine II. Butterfly Media, 1976.

Self-Regulation for What? A Transpersonal Perspective. University of Santa Clara, Futurethink, 1976.

The End of Physical Medicine. Center for Holistic Health, San Diego, 1976.

Why Get Sick; Why Not Go Crazy? University of California at Santa Cruz, Extension Division, 1976.

Autogenic Mechanisms in Disease Prevention and Therapy. International Academy of Preventive Medicine, APM 761, Insta-Tape, 1976.

Not in Jest or at Random. Association for Humanistic Psychology, Cognetics # 583, 1975.

Ground Rules for the New Medicine. University of California at Santa Cruz, Extension Division, 1975.

Transpersonal Psychology: From Therapy to Higher Consciousness. Institute of Noetic Science, Cognetics # 354, 1974.

Transpersonal Overview, Big Sur Recordings, # 6630, 1974.

The Wisdom of the Imagination: Teaching Stories from the Great Traditions. Crossroads Communication,1974:

- Sufi and Other Stories. Cognetics # 714A, # 714B.
- Ancient and Modern Stories. Cognetics # 715A, # 715B.
- Teaching Stories from Here and There. Cognetics # 716A, # 716B
- Mostly American Stories (with Peter Beagle). Cognetics, # 717A, # 717B.

The Whole Person in the New Age. Speed Cassettes, Inc., 1974.

Visions of the Future Mind, Association for Humanistic Psychology, Cognetics # 402, 1973.

The Transcendent Human Potential. Speed Cassettes Inc., 1973.

Parapsychological Research and Man's Future. University of California at Santa Cruz, Cognetics # 287, 1973.

Practical Applications of Parapsychology. National Management Association, Lockheed Chapter, Cognetics # 360, 1973.

Recent Developments in Psychology (Lockheed Research Seminar). Cognetics #399, 1974.

Practical Aspects of Parapsychology. Villa Montalvo – New Frontiers of Perceptions, Cognetics, # 396, 1974.

Guided Fantasy and Fairy tales. Dolphin, P.O. box 71, Big Sur, California, 1971.

Psychosynthesis: Use of Fantasy, Big Sur Recordings, # 2580, 1971.

Psychedelics and Paranormal Phenomena (with A. Hastings). Big Sur Recordings, # 4740, 1971.

Ways to Alter Your Consciousness. Big Sur Recordings, # 2800, 1971.

Selective Use of Psychedelic Drugs. Big Sur Recordings, # 2840, 1971.

Consciousness. International Design Conference at Aspen, Cassette Dynamics, Inc., 1971.

## Conferences and Talks: 2012-2023 only.

September 22, 2023 Psychedelics, Sacred Medicine's, Soul's Purpose & Business Series

September 1, 2020 The Ketamine Research Foundation The K Dome/MicroDome Camp of The Infinite Playa (online 2020 Burning Man) Talk title: "Microdosing Past Present and Future-the Whole Story"

July 26, 2020 DoubleBlind Magazine's Zoom Webinar Talk title: "Microdosing: The Science, Benefits, and Limitations"

June 17, 2020 Vincent D. Faini's Livestream on Facebook Talk title: "IDEAS THAT CAN HEAL THE WORLD!"

January 18, 2020 Intermountain Psychedelics Symposium Salt City Psychedelic Therapy and Research Salt Lake City, Utah Keynote Speaker Talk title: "The Magical Mysteries of Microdosing Psychedelics"

January 17, 2020 Salt Lake City Public Library Salt City Psychedelic Therapy and Research Salt Lake City, Utah Talk title: "Transpersonal Psychology, the Psychedelic Renaissance and the Magical Mysteries of Microdosing"

October 26, 2019 2019 Portland Psychedelic Conference Portland Psychedelic Society Portland, Oregon Keynote Speaker Talk title: "Microdosing, the Next Psychedelic Frontier" September 15, 2019 San Jose Institute of Contemporary Art San Jose, CA A discussion with Zach Leary Talk title: "Psychedelic Medicine"

April 25, 2018 MAPS Santa Cruz, CA A webinar with Dr. Fadiman, Dr. Erika Dyck, and Dr. Mendel Kaelen. Webinar title: "Discovering LSD: Science, Music, and Microdosing" <u>http://www.maps.org/lsd75#webinar3</u>

April 21, 2018 Talkback after Adam Strauss's performance of "THE MUSHROOM CURE" The Marsh San Francisco, CA <u>https://themarsh.org/mushroom\_cure/adam-strauss/</u> <u>https://www.broadwayworld.com/san-francisco/article/The-Marsh-Announces-Talk-Back-Line-Up-for-THE-MUSHROOM-CURE-20180406</u>

April 21, 2017 MAPS Psychedelic Science 2017 Oakland, CA Talk title: "Microdosing: The Phenomenon, Research Results, and Startling Surprises" <u>https://www.youtube.com/watch?v=JBgKRyRCVFM&feature=youtu.be</u>

February 27, 2017 Center for Lifelong Learning Santa Barbara, CA Talk title: "Presenting New Paradigms and New Tools for the Mind"

May 11, 2016 Peak Performance Meetup San Francisco, CA <u>https://www.meetup.com//PeakPerformance/events/230522350/</u>

October 23 – 24, 2015 Conference of Consciencia de la Ciencia a la Espiritualidad Mexico

July 14, 2015 Post-Screening Discussion for the documentary, "Dying to Know: Ram Dass & Timothy Leary" Roxie Theatre, San Francisco, CA <u>http://www.roxie.com/ai1ec\_event/dying-to-know/?instance\_id=8232</u> October 9, 2013, Claremont McKenna College, Claremont, CA http://cmcforum.com/news/10102013-james-fadiman-psychedelic-research-andapplications

April 29, 2013, University of Wisconsin, Madison http://www.today.wisc.edu/events/view/61831 http://www.businesswire.com/news/home/20130416005172/en/Join-Lynda-Barry-Matthieu-Ricard-James-Fadiman http://jamesfadiman.com/pdf/business-wire-bioethics-forum-16-apr-2013.pdf Dr. Fadiman also gave a talk to second year medical students at the University of Wisconsin and conduct a National Public Radio interview during his trip.

May 2, 2013, Sofia University with Brad Burge, "Psychedelic Experience: Healing, Growth and Discovery"

November 8, 2012, Yale University, Master's Tea with Anne Fadiman <u>http://yaledailynews.com/weekend/2012/11/09/jim-fadiman-researcher-in-the-sky-with-diamonds/</u>

February 2012, University of California, Santa Cruz, "Shattering Certainty: The Promise and Pitfalls of Psychedelics" <a href="http://www.maps.org/media/view/taking\_psychedelics">http://www.maps.org/media/view/taking\_psychedelics</a> to the next level/

## Columns:

About the Authors: Journal of Transpersonal Psychology: 1969, 1, No. 1, p. 72; No. 2, pp. 111–112; 1970, 2, No. 1, pp. 81–82; 1971, 3, p. 91.

The Person Behind the Ideas, Journal of Humanistic Psychology: 1967, 7, No. 1, pp. 89–91; No. 2, pp. 197–199; 1968, 8, No. 1, pp. 89–91; No 2, pp. 177–179; 1969, 9, No. 1, pp. 102–104; No. 2, pp. 189-190; 1970, 10, No. 1, pp. 94-95; No. 2, pp. 183-184.

#### **Book Reviews**:

"Cleansing the Door of Misperception" The Psychedelic Renaissance: Reassessing the Role of Psychedelic Drugs in 21<sup>st</sup> Century Psychiatry and Society By Ben Sessa (with Peter H. Addy), PsycCRITIQUES, 2013. p...

DMT: The Spirit Molecule. A Doctor's Revolutionary Research into the Biology of Near-Death and Mystical Experiences, by Rick Strassman (with Jordan Gruber). Journal of Near-Death Studies, June 2003, p....

Reviews for the Journal of Transpersonal Psychology:

Psychedelic Medicine: new evidence for hallucinogenic substances as treatment. Michael Winkelman and Tom Roberts, Eds. Vol. 40. #1, 2008, pp. 125-128.

Following Our Bliss: How the spiritual ideals of the sixties shape our lives today by Don Lattin. Vol. 36, 2004, pp.

The Future of the Body: Explorations into the further evolution of human nature by Murphy, M., Vol. 25, # 1, 1993, p. 104 and Common Boundaries, Vol. 11, # 1, 1993, p. 58.

The Psychology of Religion: Classic and Contemporary Views by David M. Wulff. Vol. 23, # 2, 1991, pp. 84–85.

The Right To Be Human: A Biography of Abraham Maslow by Edward Hoffman. Vol. 21, 1989, pp.209–211.

The Power of Silence: Further Lessons of Don Juan by Carlos Castaneda. Vol. 20, 1988, p.93.

Handbook of States of Consciousness (Benjamin Wolman and Monatgue Ullman, Eds.). Vol. 18, 1986, p. 192.

A Bridge of Dreams: the Story of Paramananda by Sara Ann Levinsky. Vol. 17, 1985, p. 88.

Rumi, Fragments and Ecstasies translated by Daniel Liebert; Open Secret: Versions of Rumi, translated by Coleman Barks and John Moyne; The Ruins of the Heart, Selected Lyric Poems of Jela'uddin Rumi, translated by Ed Helminski. Vol. 16, 1984, pp. 243–244.

Abstracts of the Standard Edition of the Complete Psychological Works of Sigmund Freud by Carrie Lee Rothgeb; Abstracts of the Collected Works of C.G. Jung by Carrie Lee Rothgeb and Siegried Clemens. Vol. 16, 1984, 244.

William James on Exceptional Mental States: The 1896 Lowell Lectures. Reconstructed by Eugene Taylor. Vol. 16, 1984, p. 119.

In Search of Excellence by Thomas Peters and Robert Waterman. Vol. 16, 1984, pp. 122–123.

Flashbacks: An Autobiography by Tim Leary. Vol. 15, 1983, pp. 238–239.

The Principals of LSD Psychotherapy by Stanislav Grof. Vol. 11, 1979, pp. 190–191.

Psychosources: A Psychology Resource Catalog, by CRM editors; Passages: A Guide for Pilgrims of the Mind by Marianne Andersen and Louis Savery; Maps of Consciousness by Ralph Metzner; The Book of Highs by Edward Rosenfeld; Experiments in Growth by Betsy Caprio; Books for Inner Development by Chris Popenoe. Vol. 8, 1976, pp. 157–169.

Four Psychologies Applied to Education: Freudian, Behavioral, Humanistic, and Transpersonal (Tom Roberts, Ed.). Vol. 7, 1975, p. 197.

Transpersonal Psychologies (C. Tart, Ed.). Vol. 7, 1975, pp. 197–198.

Realms of the Human Unconscious: Observations from Psychedelic Research, by Stanislav Grof. Vol. 7, 1975, p. 199.

Psychic Exploration: A Challenge for Science, edited by Edgar Mitchell and John White, Vol. 7, 1975, p. 94.

Krishnamandala, by Walter Spink. Vol., 7, 1975, p. 94.

The Aquarian Pathfinder, by Yes, Inc., Vol. 7, 1975, p. 94.

Cosmic Sex, by Omega Kane. Vol. 6, 1974, p. 87.

The Brain Revolution, by Marilyn Ferguson. Vol. 6, 1974, p. 88.

The Natural Depth in Man, by Wilson Van Dusen. Vol. 5, 1973, p. 104.

The Psychology of Consciousness and The Nature of Human Consciousness, by Robert Ornstein. Vol. 5, 1973, p. 105.

Religious and Spiritual Groups in America, by Robert Ellwood, Jr. Vol. 5, 1973, p. 105.

Calm and Clear, by Tarthang Tulku. Vol. 5, 1973, p. 105.

Approaches to Meditation, by Virginia Hanson (Ed.). Vol. 5, 1973, p. 106.

New Pathways in Psychology, by Colin Wilson. Vol. 5, 1973, p. 106.

Journey to Ixtlan, by Carlos Castaneda. Vol. 5, 1973, p. 106.

Bio-Feedback and Self Control Annual. Vol. 5, 1973, p. 106.

Maslow: An Intellectual Portrait, by Richard Lowry. Vol. 5, 1973, p. 212.

Images from Tibetan Art, by Frederick Spiegelberg. Vol. 5, 1973, p. 212.

Golf and the Kingdom, by Michael Murphy. Vol. 4, 1972, p. 211.

Mandala, by Jose and Miriam Arguelles. Vol. 4, 1972, p. 211.

Training in the Art of Loving, by Jerry and Elizabeth Jud. Vol. 4, 1972, p. 212.

The New Religions, by Joseph Needleman. Vol. 3, 1971, p. 88.

On Being Stoned: A Psychological Study of Marijuana Intoxication, by Charles Tart. Vol. 3, 1971, p. 152.

A Separate Reality: Further Conversations with Don Juan, by Carlos Castaneda. Vol. 3, 1971, p. 151.

Altered States of Consciousness, by Charles Tart (Ed.). Vol. 2, 1970, p. 79.

Psychic Discoveries Behind the Iron Curtain, by S. Ostrander and L. Schroeder. Vol. 2, 1970, p. 175.

This Timeless Moment, by Laura Huxley. Vol. 1, 1969, p. 67.

Reviews for the Journal of Humanistic Psychology:

Encounter: Group Processes for Interpersonal Growth by Gerard Egan; Please Touch: A Guided Tour of the Human Potential Movement, by Jane Howard; Encounter: A weekend with Intimate Strangers and The Shared Journey: An Introduction to Encounter, by Terry O'Banion and April O'Connel. Vol. 10, 1970, pp. 178–180.

Fantasy and Feeling in Education, by Richard Jones. Vol. 9, 1969, p. 100.

Education and Ecstasy, by George Leonard. Vol 9, 1969, p. 188.

LSD: The Problem Solving Psychedelic, by P. G. Stafford and B. H. Golightly. Vol. 7, 1967, pp. 190–191.

Reviews for The Whole Earth Catalog, Random House, 1971:

The Teachings of Don Juan, by Carlos Castaneda, p. 430.

Psycho-Cybernetics, by Maxwell Maltz, p. 422.

The Journal of Transpersonal Psychology, p. 416

Psychic Discoveries Behind the Iron Curtain, by Shelia Ostrander and Lynn Schroeder, p. 416.

The Psychedelic Review, p. 413.

Reviews for The Next Whole Earth Catalog. Random House, 1980.

Super Learning by Shelia Ostrander, Lynn Schroeder, and Nancy Ostrander, p. 572

Suggestology and Outlines of Suggestopedy by Georgi Lozanov, p. 572.

Kids and Cash by Ken Davis and Tom Taylor, p. 544.

*Reviews for the Whole Earth Epilog: Access to Tools, Penguin Books, New York, 1974.* 

The Schizophrenias, Yours and Mine, by the Professional Committee of the Schizophrenia Foundation of New Jersey, p. 605.

Experiments in Prayer, by Betsy Caprio, p. 721.

Handbook of PSI Discoveries, by Shila Ostrander and Lynn Schroeder, p. 736.

Uncommon Therapy (The Psychiatric Techniques of Milton Erickson, M.D.), by Jay Haley, p. 741.

The Psychology of Consciousness, by Robert Ornstein, p. 742.

Reviews for the Institute of Noetic Sciences:

÷

The Spectrum of Consciousness by Ken Wilber – An Intelligent Guide. Institute of Noetic Sciences, Vol. 6, # 1, 1994 (and subsequent issues).

From Chocolate to Morphine by Andrew Weil and Winifred Rosen – An Intelligent Guide. Institute of Noetic Sciences, Vol. 5, # 2, 1993 (and subsequent issues).

Paths beyond Ego: The Transpersonal Vision by Roger Walsh & Frances Vaughan – An Intelligent Guide. Institute of Noetic Sciences, Vol. 5, # 2, 1993 (and subsequent issues).

A Gnostic Book of the Hours by June Singer – An Intelligent Guide. Institute of Noetic Sciences Vol. 5, #1, 1993 (and subsequent issues).

Lila: An Inquiry into Morals by Robert M. Persig – An Intelligent Guide, Institute of Noetic Sciences, Vol. IV, #1, 1992, p. 23.

Unconditional Life: Mastering the Forces that Shape Personal Reality by Deepak Chopra – An Intelligent Guide. Institute of Noetic Sciences, Vol. IV, # 1, 1992, p. 12.

Imagery of Cancer: An Evaluation Tool for the Process of Disease, by Jean Achterberg and G. Frank Lawlis. Newsletter of the Institute of Noetic Sciences, Vol. 6, # 1, 1978, p. 16.

## Reviews for other publications:

Past Present: The Works of Halldor Laxness. The Nation, Vol. 250, # 21, May 28, 1990, pp. 750-752.

The Unfolding Self by Molly Young Brown. Newsletter of the Association for Humanistic Psychology, March, 1984, p. 27.

Homeopathic Medicine at Home by Maesimund Panos and Jane Heimlich. Co-Evolution Quarterly, Spring, 1981, p. 106.

Hero, Sage, or Saint by Richard Coan. Contemporary Psychology, Vol. 23, 1978, pp. 416–417.

Getting Well Again by O. Carl Simonton, Stephanie Simonton-Matthews, and James Creighton. Brain/Mind Bulletin, 1978.

Castaneda's Journey: The Power and the Allegory by Richard De Mille. San Francisco Bay Guardian, January 21, 1977, pp. 9–10.

The Art of Existential Counseling, by A. Van Kaam. Psychology Today, 1967, l, #2, pp. 12–13.

Prevention (Robert Rodale, Ed.). Co-Evolution Quarterly, Fall, 1976, p. 119.

Utopiates: The Use and Users of LSD-25, by Richard Blum and Associates. ETC., A Review of General Semantics, 1965, 22, pp. 510–514.

#### Articles About my research from 2010-

Esalen Journal, "Back in the Day with James Fadiman: '[Psychedelics were] terrifying to the mainstream of America, and correctly so'" Sep 30, 2022

https://www.esalen.org/post/back-in-the-day-with-james-fadiman-psychedelicswere-terrifying-to-the-mainstream-of-america-and-correctly-so-093022

Global Heart (Netherlands), "Your Symphony of Selves by James Fadiman and Jordan Gruber"

Sep 18, 2020

https://globalheart.nl/wetenschap/your-symphony-of-selves-by-james-fadiman-and-jordan-gruber/

Wired UK, "Inside the first placebo-controlled studies testing if microdosing LSD actually works"

May 14, 2019

https://www.wired.co.uk/article/microdosing-lsd-psilocybin-placebotrials?fbclid=IwAR3hmyUFlSuycTPrRoBE\_zF79fvzJ7lqRV1k73ys6aDMT\_MqGbf zQpKvQp8

Psychedelic Press UK, "The Science of Microdosing Psychedelics by Torsten Passie MD"

May 6, 2019

http://psypressuk.com/2019/05/06/science-microdosing-psychedelics-review/

Montreal Gazette, "Is microdosing LSD a solution to the 'crisis of meaning' in modern life?"

April 24, 2019

https://montrealgazette.com/health/health-and-wellness/is-microdosing-lsd-asolution-to-the-crisis-of-meaning-in-modern-life-new-canadian-study-may-provideanswers/wcm/d8207316-7ad8-4e79-b615-90cf70ba814b

Scientific American, "Do Microdoses of LSD Change Your Mind?" April 16, 2019 https://www.scientificamerican.com/article/do-microdoses-of-lsd-change-yourmind/

71Republic, "LSD-Fueled Innovation from Your Friends at Silicon Valley" March 12, 2019

https://71republic.com/2019/03/12/lsd-silicon-valley-government/

Público, "Psicadélicos ao pequeno-almoço? A microdosagem de substâncias psicadélicas e o (pouco) que se sabe sobre esta prática." February 12, 2019

https://www.publico.pt/2019/02/17/sociedade/noticia/psicadelicos-pequenoalmoco-1862281 news.com.au, "I took daily doses of magic mushrooms to improve my performance and mental health. Here's what happened"

February 8, 2019

https://www.news.com.au/technology/science/human-body/i-took-daily-doses-ofmagic-mushrooms-to-improve-my-performance-and-mental-health-heres-whathappened/news-story/8d34da855ff743cef8c7b3d647220137#.lwylu

Gizmodo Australia, "Is Permatripping Real?" February 5, 2019 https://www.gizmodo.com.au/2019/02/ispermatripping-real/

Insider, "Everything you need to know about microdosing" January 25, 2019 https://www.thisisinsider.com/what-is-microdosing-2019-1

Herald (Pakistan), "In Pursuit of Altered States of Consciousness" December 2018 https://herald.dawn.com/news/1398753/inside-pakistans-underground-psychedelicculture

Metro UK, "Taking LSD every day 'makes you wiser and more creative', scientists find"

November 5, 2018 <u>https://metro.co.uk/2018/11/05/taking-lsd-every-day-makes-you-wiser-and-more-creative-scientists-find-8105369</u>

Stat News, "'Microdosing' is touted by 'shroomers and Reddit users. Science is starting to test their claims — and finding some truth" August 23, 2018 <u>https://www.statnews.com/2018/08/23/science-testing-claimed-benefits-of-</u>psilocybin-microdosing/

71Republic, "Does Microdosing LSD Really Improve Cognition? Can LSD really make you smarter?" May 26, 2018 <u>https://71republic.com/2018/05/26/microdosing-lsd-improve-cognition/</u>

New York Magazine - The Strategist, "The Best Books About Microdosing and Psychedelic Therapy" May 3, 2018 http://nymag.com/strategist/article/best-books-about-microdosing-psychedelics.html

The Cut, "Microdosing's Micromoment: Consuming crumb-size amounts of psychedelics — not to get high but to feel more focused and creative and present — has moved a tiny bit mainstream."

May 3, 2018 https://www.thecut.com/2018/05/microdosing-guide-and-explainer.html

Seeker, "75 Years After First LSD Trip, Psychedelic Science is Making a Comeback" April 16, 2018 https://www.seeker.com/culture/75-years-after-first-lsd-trip-psychedelic-science-ismaking-a-comeback

71Republic, "Silicon Valley Is On LSD, And The Government Is Holding Them Back" February 10, 2018 https://71republic.com/2018/02/10/silicon-valley-lsd/

Daily Mail, "How LSD is making a comeback: Massive resurgence in Britons using psychedelic drug as a 'brain booster'" December 30, 2017 <u>http://www.dailymail.co.uk/news/article-5222567/LSD-makes-comeback-microdosing-professionals.html</u>

The Sun, "Psychedelic drug LSD set for comeback as workers turn to 'microdosing' to boost brainpower" December 30, 2017 https://www.thesun.co.uk/news/5238345/lsd-comeback-workers-microdosingboost-brainpower/

The Times, "A drop of LSD is 'new brain booster" December 30, 2017 <u>https://www.thetimes.co.uk/edition/news/a-drop-of-lsd-is-new-brain-booster-w2kbtw55</u>

How Stuff Works, "LSD Is Making a Comeback in Very Small Doses" December 8, 2017 <u>https://health.howstuffworks.com/medicine/tests-treatment/lsd-is-making-comeback-in-very-small-doses.htm</u>

Motherboard Vice, "The Psychologist Leading a Psychedelic Research Revolution" November 29, 2017 <u>https://motherboard.vice.com/en\_us/article/pazeab/james-fadiman-lsd-microdosing-</u> research

National Monitor, "In Silicon Valley, 'Micro-Dosing' LSD Has Become All the Rage" November 7, 2017

http://natmonitor.com/2017/11/07/in-silicon-valley-lsd-is-becoming-all-the-rage/2/

Westword, "Psychedelics Are Making a Comeback Through Microdosing" November 1, 2017." http://www.westword.com/news/lsd-and-other-hallucinogens-making-a-comebackthrough-microdosing-9645241

Psychedelic Frontier, "James Fadiman Discusses the Many Benefits of Microdosing" October 26, 2017 <u>http://psychedelicfrontier.com/james-fadiman-microdosing/</u>

The Economist's 1843 Culture Magazine, "Turn on, tune in, drop by the office" August 2017 https://www.1843magazine.com/features/turn-on-tune-in-drop-by-the-office

Futurism, "A Researcher Wants to Test the Effects of Microdosing on Cognitive Ability and Productivity" August 10, 2017 <u>https://futurism.com/a-researcher-wants-to-test-the-effects-of-microdosing-oncognitive-ability-and-productivity/</u>

Inverse, "The Plan to Prove Microdosing Makes You Smarter: Amanda Feilding has been working towards this goal for half a century." August 7, 2017 <u>https://www.inverse.com/article/34827-amanda-feilding-james-fadiman-lsd-microdosing-smarter</u>

USA Today, "You're not tripping: LSD is making a comeback" July 26, 2017 http://college.usatoday.com/2017/07/26/youre-not-tripping-lsd-is-making-acomeback/

The Huffington Post, "Psychedelics and Normality" July 25, 2017 <u>http://www.huffingtonpost.com/entry/psychedelics-and-normality\_us\_5977a1dae4b01cf1c4bb73dc</u>

Playboy, "Creative Juice: How LSD Became the Go-to Drug of the Smartest Guy in the Room" June 21, 2017 <u>http://www.playboy.com/articles/creative-juice</u>

The Adelaide Review, "Can Micro-Dosing Hallucinogens Cure Mental Illness?" May 30, 2017 http://adelaidereview.com.au/features/science/can-micro-dosing-hallucinogens-curemental-illness/?fb\_action\_ids=1338513092891024&fb\_action\_types=og.comments Mashable, "Researchers want to know the effects of taking small doses of LSD to self-medicate" May 9, 2017

http://mashable.com/2017/05/09/lsd-microdosing-scientific-study/#c2822.JMCqqC

Metro, "What is Microdosing?" May 7, 2017 http://www.metro.us/body-and-mind/health/microdosing-everything-need-know

The New York Times, "Molly at the Marriott: Inside America's Premier Psychedelics Conference" May 6, 2017 <u>https://www.nytimes.com/2017/05/06/style/psychedelic-drug-resurgence-daily-</u> life.html

Crave Online Magazine, "Better Living Through Microdosing" May 5, 2017 http://www.craveonline.com/culture/1258901-better-living-microdosing

Healthline, "The Benefits, Risks with 'Microdosing'" May 1, 2017 http://www.healthline.com/health-news/the-benefits-risks-with-microdosing#4

Motherboard Vice, "400 People Microdosed LSD for a Month in the Name of Science" April 26, 2017 <u>https://motherboard.vice.com/en\_us/article/mgy573/400-people-microdosed-lsd-for-a-month-in-the-name-of-science</u>

The Verge, "LSD microdoses make people feel sharper, and scientists want to know how"

April 24, 2017 <u>http://www.theverge.com/2017/4/24/15403644/microdosing-lsd-acid-productivity-benefits-brain-studies</u>

Willamette Week, "We're Entering A New Golden Age of Psychedelics, and Portland is Leading the Way" April 18, 2017 <u>http://www.wweek.com/culture/2017/04/18/can-1sd-make-you-better-at-your-job-the-guy-in-the-cubicle-next-to-you-might-be-trying-it/</u>

BBC News, "Microdosing: The people taking LSD with their breakfast" April 10, 2017 http://www.bbc.com/news/health-39516345 SF Weekly, "Drug Underdose - Ayelet Waldman and the art of getting by on a tiny quantity of LSD" March 2, 2017 <u>http://www.sfweekly.com/culture/books/drug-underdose/</u>

KRON 4 TV (San Francisco), "In Depth: Why Silicon Valley techies are 'Microdosing LSD'" February 28, 2017 <u>http://kron4.com/2017/02/28/in-depth-why-silicon-valley-techies-are-microdosing-lsd/</u> The TV segment promotional video <u>https://www.facebook.com/plugins/video.php?href=https%3A%2F%2Fwww.facebook</u>

https://www.facebook.com/plugins/video.php?href=https%3A%2F%2FwWw.facebook.com ok.com%2F213907248654997%2Fvideos%2F1354781097900934%2F&show\_text =0

Life Matters (Australia), "Microdosing LSD to treat bipolar" February 19, 2017 http://www.abc.net.au/radionational/programs/lifematters/a-really-goodday/8260524

NPR, "'A Really Good Day' Recaps A Month-Long Adventure Of Microdosing LSD"

.January 24, 2017

http://www.npr.org/2017/01/24/511404052/a-really-good-day-recaps-a-month-long-adventure-of-microdosing-lsd

The New Yorker, "How Ayelet Waldman Found a Calmer Life on Tiny Doses of LSD"

January 12, 2017 https://www.newyorker.com/culture/persons-of-interest/how-ayelet-waldmanfound-a-calmer-life-on-tiny-doses-of-lsd

New York Times, "Review: 'A Really Good Day,' Ayelet Waldman's Better Living Through LSD" .January 11, 2017 <u>https://www.nytimes.com/2017/01/11/books/review-a-really-good-day-ayelet-waldmans-better-living-through-lsd.html</u>

Esquire, "The Two Types of People Who Microdose LSD: LSD is the new Adderall, haven't you heard?" .January 9, 2017 http://www.esquire.com/lifestyle/money/a51756/lsd-microdosing/

Marie Claire, "Why Power Women Are Micro-Dosing LSD at Work: It's a different type of career high" .November 17, 2016 http://www.marieclaire.com/culture/news/a23669/power-women-microdosing-lsd/

Catalyst, "Psychedelic Microdosing for Health" November 1, 2016 http://www.catalystmagazine.net/psychedelic-microdosing-for-health/

Boing Boing, "Psychedelic microdosing makes inroads in Silicon Valley" October 10, 2016 https://boingboing.net/2016/10/10/psychedelic-microdosing-makes.html

<u>Rolling Stone Magazine</u>, "LSD Now: How the Psychedelic Renaissance Changed Acid" October 6, 2016

http://www.rollingstone.com/culture/news/lsd-now-how-the-psychedelic-renaissance-changed-acid-w443479

<u>Collective Evolution</u>, "Inside The World Of Microdosing With Magic Mushrooms & LSD" October 5, 2016

http://www.collective-evolution.com/2016/10/05/inside-the-world-of-micro-dosingwith-magic-mushrooms-lsd/

<u>Wired UK</u>, "Would you take LSD to give you a boost at work? WIRED takes a trip inside the world of microdosing" August 24, 2016 <u>http://www.wired.co.uk/article/lsd-microdosing-drugs-silicon-valley</u>

Big Think, "Hallucinogens: A Way to Soothe Mental Illness, Even Get Ahead" June 19, 2016 http://bigthink.com/philip-perry/hallucinogens-a-way-to-soothe-mental-illness-andeven-get-ahead

<u>The Daily Beast</u>, "Swapping LSD for Coffee at Work Is Probably a Bad Idea" May 20, 2016 <u>http://www.thedailybeast.com/articles/2016/05/21/swapping-lsd-for-coffee-at-work-is-probably-a-bad-idea.html</u>

WCBS CBS New York, "Seen At 11: Could Acid Micro-Doses Help Improve Focus And Creativity?' May 3, 2016 http://newyork.cbslocal.com/2016/05/03/acid-focus/

KPIX CBS San Francisco, "LSD Micro-Doses Unleash Creativity, Problem-Solving For Bay Area Professionals" May 2, 2016 http://sanfrancisco.cbslocal.com/2016/05/02/lsd-micro-doses-unleash-creativity-problem-solving-for-bay-area-professionals/

<u>Washington Post</u>, "LSD could make you smarter, happier and healthier. Should we all try it?"

April 1, 2016

https://www.washingtonpost.com/posteverything/wp/2016/04/01/lsd-could-makeyou-smarter-happier-and-healthier-should-we-all-try-it/

<u>NPR's "Wait, Wait Don't Tell Me"</u> during the segment, Bluff the Listener March 19, 2016 <u>http://jamesfadiman.com/audio/20160319\_waitwait\_03.mp3</u>

Emerald - University of Oregon's Daily Student Newspaper,"Pasman: Microdosing brings LSD back to cultural relevance" March 15, 2016 http://www.dailyemerald.com/2016/03/15/pasman-micro-dosing-brings-lsd-back-tocultural-relevance/

<u>Vox</u>, "Can very small doses of LSD make you a better worker? I decided to try it." March 2, 2016 http://www.vox.com/2016/3/2/11115974/lsd-internet-addiction

<u>The Late Show with Stephen Colbert</u>, "Lucy In The Sky With Tech Support" December 14, 2015 https://www.youtube.com/watch?v=No\_uN3Uhi4o

<u>Refinery29</u>, "Why I Take Psychedelic Mushrooms For My Health" December 10, 2015 http://www.refinery29.com/microdosing-psychedelic-mushrooms-for-migraines

<u>CBS-Radio Affiliate</u>, Sacramento, CA "Report: Silicon Valley Programmers Turning To LSD For Performance Boost" December 9, 2015 <u>http://sacramento.cbslocal.com/2015/12/09/silicon-valley-lsd/</u>

Playboy, "Silicon Valley Employees Are Taking Acid in Small Doses for Better Brainstorms" November 28, 2015 http://www.playboy.com/articles/microdosing-silicon-valley-employees

Motherboard, "A Brief History of Microdosing" November 24, 2015 http://motherboard.vice.com/read/a-brief-history-of-microdosing <u>GQ Magazine</u>, "Forget Coffee, Silicon Valley's New Productivity Hack Is 'Microdoses' of LSD" November 23, 2015 <u>http://www.gq.com/story/forget-coffee-silicon-valleys-new-productivity-hack-is-microdoses-of-lsd</u>

<u>Rolling Stone Magazine</u>, "How LSD Microdosing Became the Hot New Business Trip"

November 20, 2015 http://www.rollingstone.com/culture/features/how-lsd-microdosing-became-the-hotnew-business-trip-20151120

Inc.com, "Silicon Valley's Best-Kept Productivity Secret: Psychedelic Drugs" October 16, 2015 <u>http://www.inc.com/will-yakowicz/entrepreneurs-use-lsd-psilocybin-to-boost-</u> creativity.html

Vice Magazine, "This Is What It Feels Like to Treat Depression with Magic Mushrooms" September 7, 2015 http://www.vice.com/read/microdosing-psilocybin-depression-184

Live Science, "Short Trip? More People 'Microdosing' on Psychedelic Drugs" July 8, 2015

http://www.livescience.com/51482-more-people-microdosing-psychedelicdrugs.html

Playboy, "LSD Is the New Breakfast of Champions, Says Science" June 19, 2015

Inlander, "For Your Consideration (Book Section)" June 24, 2015 http://www.inlander.com/spokane/for-your-consideration/Content?oid=2494036

Alternet, "Microdosing — a new, low-key way to use psychedelics" June 12, 2015 http://www.alternet.org/drugs/microdosing-new-low-key-way-use-psychedelics

Reset.Me, "Benefits Of Microdosing With LSD And Psilocybin Mushrooms" May 21, 2015 <u>http://reset.me/story/the-benefits-of-microdosing-with-lsd-and-psilocybin-</u> <u>mushrooms/</u>

High Existence.com "25 Best Books on Self-Improvement You Need to Read Before You Turn 25," Martijn December 2013 http://www.highexistence.com/25-best-books-on-self-improvement-you-need-to-read-before-you-turn-25/

Wall Street Journal, "Press Release for the 12<sup>th</sup> Annual Bioethics Conference" April, 2013 <u>http://jamesfadiman.com/pdf/wall-street-journal-bioethics-forum-madison-wi-16-apr-2013.pdf</u>

Sofia University Magazine Spring, 2013 <u>http://jamesfadiman.com/pdf/psychedelic-science-sofia-university-spring-2013.pdf</u>

The Heretic by Tim Doody, The Morning News, July 26, 2012. <u>Utne Reader</u>, <u>#174, Nov-Dec, 2012, p.66-71</u> <u>http://www.themorningnews.org/archivauthor/tim-doody</u>

James Fadiman: A Gifted Teacher, A Provocative Thinker by Neal Vahle. New Realities, Vol. IX, November/December, 1988, pp. 61–65.

## **Biographical Listings in:**

- Contemporary Authors
- American Men and Women in Science: Social and Behavioral Sciences
- Who's Who in the West
- Who's Who in Real Estate